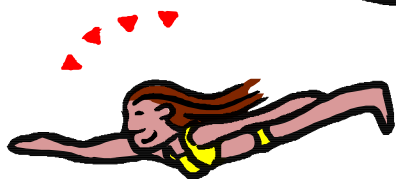


# Dahlgren Aquatic Center



## Late Spring Schedule

653-8088



In effect April 16-May 30

## Monday thru Friday

	Main Pool	Training Pool
5:45am-6:45am	Military Swim	Closed
7:00am-8:00am	PRT, PMS & EOD	Closed
8:00am-10:00am	Fitness Enhancement	Closed
10:00am-11:00am	Lap Swim/ Aqua Aerobics (Tues/Thurs) (Tues/Thurs.)	Closed
11:00am-1:00pm	Lap Swim/ Masters Swim (Mon/Thurs)	Open Swim at 12:00pm
1:00pm-5:30pm	Lap Swim/Open Swim	Closed at 3:30pm
5:30pm-6:30pm	Lap Swim	Closed
5:45pm-6:30pm	Lap Swim/ Aqua Aerobics (Mon & Thurs)	Closed
6:30pm-8:30pm	PR Swim Team	Closed

## Saturdays

	Main Pool	Training Pool
11:00am-1:00pm	Lap Swim	Open at 12:00pm
1:00pm-6:00pm	Open Swim/Lap Swim	Open Swim

## Sundays--starting May 1

	Main Pool	Training Pool
11:00am-1:00pm	Lap Swim	Open Swim
1:00pm-4:00pm	Open Swim	Open Swim

The "Cool Pool" (toddler water play area) will open May 1st. Hours for the "Cool Pool" will be Saturdays 11:00am-6:00pm and Sundays 11:00am-4:00pm.